

**Ongoing Career & Support Services**  
All services require pre-registration. Space is limited.  
Call the numbers below to register for Ongoing Services.

#### Job Search Overview

Meet with the Career Counselor.

For more information call Carla Visser at 484-1545, ext. 214

Tuesdays in December & January, 10:00am – 11:30am at Sid-Jacobson JCC

Wednesdays in February & March, 10:00 – 11:30am at Sid Jacobson JCC

#### Professional Job Seekers Networking Group

Network with other professionals to review your pitch, plans, progress and job search strategies.

For more information call Carla Visser at 484-1545, ext. 214

Tuesdays (twice a month), 1:00 – 3:00 pm at Sid-Jacobson JCC

#### Weekly Support Groups are being offered at your local JCC

For more information, call the contacts below or your PIC Social Worker.

- ◆ Linda Frank, LMSW, at Sid Jacobson JCC, East Hills, 484-1545, ext. 132
- ◆ Christina Barlowe, LMSW and Audrey Dinstell, LMSW, at Mid-Island Y JCC, 822-3535, ext. 393
- ◆ Chana Pfeifer, LCSW and Judy Goldberg, LCSW, at JCC of the Greater Five Towns, Cedarhurst, 569-6733, ext. 213
- ◆ Pam Lerner, RLCSW, at Friedberg JCC, Oceanside, 766-4341, ext. 170

#### For more information:

Visit us at [www.sjjcc.org/connect-to-care](http://www.sjjcc.org/connect-to-care) ,

Call 516-484-1545, ext. 212 or

Email [connect-to-care@sjjcc.org](mailto:connect-to-care@sjjcc.org).

LinkedIn Group –

Nassau County UJA-Federation's Connect to Care



BARRY AND FLORENCE  
FRIEDBERG  
JEWISH COMMUNITY CENTER



UJA-Federation of New York's  
**connect-to-care**  
*The Jewish community at work for you*

### Nassau County Hub at Sid Jacobson JCC



#### In this economic crisis, the Jewish community is here for you.

Many of us find ourselves in need of support – even those of us who never expected to need assistance. But the Jewish community is here for you.

UJA-Federation of New York's Connect to Care provides:

- Employment and career-transition services, including job networking opportunities and career seminars.
- Financial consultation, debt counseling, and budget assistance.
- Legal services.
- Supportive counseling and Jewish spiritual care.

All UJA Federation of New York's Connect to Care services and programs are FREE.

Services are provided across Nassau County at Sid Jacobson JCC, Mid-Island Y JCC, Friedberg JCC, The JCC of the Greater Five Towns, and at area synagogues.